



Maidenhead Neuro Physio

Covid-19 Risk Assessment

14th April 2021 until further notice

What are the hazards?	Who is at risk?	What is already being done to reduce the risk?	Further actions that can be taken	Who carries out the action?
Transmission of Covid-19 from patient or carer to physiotherapist. 1m distancing not possible whilst treating.	Physiotherapist	Telephone pre-screen of all patients	<p>Patient to cancel any appointments and self-isolate if they or a household member has any symptoms of Covid-19.</p> <p>Patient and carer to wear face coverings at their own discretion within their own home. Health or cognitive disabilities will affect this.</p> <p>Physiotherapist to wear required PPE (surgical mask, single-use gloves, single-use apron). Strict hand hygiene before and after treatment with Physio's own towel. A visor may be required in cases of higher risk from aerosol generation by patient.</p> <p>Windows and doors to be open during treatment time, if possible, if house is not well ventilated already.</p>	<p>Patient Carer</p> <p>Patient Carer</p> <p>Physio</p> <p>Patient Carer</p>
Transmission of Covid-19 from physiotherapist to patient or carer. 1m distancing not possible whilst treating.	Patient Carer Other household members.	Many patient groups and their carers have now received vaccination against Covid-19, and this forms part of pre-	<p>Physiotherapist to cancel all appointments and self-isolate if they or their household member is displaying any symptoms of Covid-19.</p> <p>Patient and carer to wear face coverings at their discretion within their own home.</p>	<p>Physio</p> <p>Patient Carer</p>

<p>Hazards to patient and carer of a prolonged lack of rehabilitation physiotherapy due to Covid-19 restrictions. These hazards include, but are not limited to; increased risk of falls, increased physical burden on carer, risk of physical deterioration, risk of loss of physical ability and physical independence, reduced mood linked to reduced physical activity.</p>	<p>Patient Carer</p>	<p>screening questionnaire.</p> <p>Face to face sessions have re-started in accordance with Government and CSP guidance.</p>	<p>Physiotherapist to wear required PPE (surgical mask, single-use gloves, single-use apron). Strict hand hygiene before and after treatment with Physio's own towel.</p> <p>Reduce other household members present, if possible.</p> <p>Windows and doors to be open during treatment time, if possible.</p> <p>Full Risk assessment and Screening/Decision-making tool telephone triage. (Physio-led).</p> <p>Screen all existing and new patients for full medical history in order to clarify whether patient and/or carer is classified in GOV.UK 'clinically extremely vulnerable' group, and risk assess with that knowledge.</p> <p>Gain consent to proceed to face to face assessment and treatment once patient and carer have had time to absorb risk assessment and ask questions.</p>	<p>Physio</p> <p>Patient</p> <p>Patient</p> <p>Physio</p> <p>Physio</p> <p>Physio Patient Carer</p>
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