



# Maidenhead Neuro Physio

## Covid-19 Risk Assessment

December 2021 until further notice (guidance updated from governing bodies on 24.11.21)

Much more is now known about SARS COV-2 at this stage post-2020. It is known that some risks can be mitigated for, but it is not possible for healthcare staff to mitigate for every conceivable risk, much as in life before 2020. The decision to treat face-to-face is a joint one between the patient and the clinician, supported by documentation and risk assessments on an individual basis.

The acceptance of a face-to-face appointment offer is considered acceptance of the risk assessment shown here for engagement with Maidenhead Neuro Physio.

What are the hazards?	Who is at risk?	What is already being done to reduce the risk?	Further actions that can be taken	Who carries out the action?
Transmission of Covid-19 from patient or carer to physiotherapist. 1m distancing not possible whilst treating.	Physiotherapist	Telephone pre-screen of all new patients	<p>Patient to cancel any appointments and self-isolate if they or a household member has any main symptoms of Covid-19.</p> <p>Patient and carer can wear face coverings <u>if they wish to</u> in their own homes. Health or cognitive disabilities will affect this.</p> <p>Physiotherapist to wear single use surgical mask. Strict hand hygiene before and after treatment with Physio's own towel.</p> <p>Further Physiotherapist PPE on individual risk assessment (exposure to blood/fluid or if aerosol generating procedures ongoing during visit).</p> <p>Windows and doors to be open during treatment time, if possible, to maximise ventilation.</p>	<p>Patient Carer</p> <p>Patient Carer</p> <p>Physio</p> <p>Physio</p> <p>Patient Carer</p>
Transmission of Covid-19 from physiotherapist to patient or carer. 1m distancing not possible whilst treating.	Patient Carer Other household members.	Household settings only; low risk environments	<p>Physiotherapist to cancel all appointments and self-isolate if they display the main symptoms of Covid-19.</p> <p>Patient and carer can wear face coverings during appointments, <u>if they wish</u>, in their own home.</p>	<p>Physio</p> <p>Patient Carer</p>

<p>Hazards to patient and carer of a prolonged lack of rehabilitation physiotherapy due to Covid-19 restrictions. These hazards include, but are not limited to; increased risk of falls, increased physical burden on carer, risk of physical deterioration, risk of loss of physical ability and physical independence, reduced mood linked to reduced physical activity.</p>	<p>Patient Carer</p>	<p>Face to face sessions re-started in accordance with Government and CSP guidance.</p>	<p>Physiotherapist to wear single use surgical mask. Strict hand hygiene before and after treatment with Physio's own towel.</p>	<p>Physio</p>
			<p>Further Physiotherapist PPE on individual risk assessment (exposure to blood/fluid or if aerosol generating procedures ongoing during visit).</p>	<p>Physio</p>
			<p>No other household members present, if at all possible.</p>	<p>Patient</p>
			<p>Windows and doors to be open during treatment time, if possible, to maximise ventilation.</p>	<p>Patient</p>
			<p>Full Risk assessment and Screening/Decision-making tool telephone triage. (Physio-led).</p>	<p>Physio</p>
			<p>Screen all new patients in order to clarify whether patient and/or carer is classified in GOV.UK 'clinically extremely vulnerable' group, and risk assess with that knowledge.</p>	<p>Physio</p>
			<p>Gain consent to proceed to face to face assessment and treatment once patient and carer have had time to absorb risk assessment and ask any questions.</p>	<p>Physio Patient Carer</p>